

NATIONAL INSTITUTE FOR HEALTH DEVELOPMENT

QUESTIONNAIRE 2017

DEAR RESPONDENT,

Please read the questions very carefully. It is very important that you provide accurate answers.

Please circle the number in front of the answer you find most suitable or write your answer in the allocated, empty space. Pay attention to the instructions provided with questions! **Some definitions, that help you better understand the terms** used in this questionnaire and answer the questions more accurately, have been provided **on the back cover of the questionnaire**.

SAMPLE 1.

Mark your gender. ① male 2 female

SAMPLE 2.

Some questions have been presented in tables. Mark the most suitable answer for each row of the table and do not leave any rows unanswered. "Mark a suitable answer for every row" has been written next to every question of this kind.

Who are you at the current time? *Mark a suitable answer for every row.*

	yes	no
A an entrepreneur, a salaried employee	①	2
B unemployed, a person seeking employment	1	②
C a person on parental leave	1	②
D a stay-at-home person	1	②
N a student, a university student	①	2

SAMPLE 3

Questions that do not concern you have notices that direct you to relevant questions:

→ ***if you chose this answer, continue with question A7.***

The data you provide will be used in generalized way ONLY.

Your answers will not be linked to your person in any way.

ALL OF THE ANSWERS YOU PROVIDE ARE VERY IMPORTANT TO US.

DEFINITIONS

The questionnaire uses retrospective recalling periods about which you are asked to provide information. Please keep these in mind when answering.

The past 12 months – the 12 months preceding the current day (when you're completing the questionnaire). This does not mean the calendar year of 2016 or 2017.

The last time – the last time when the central activity of this question took place. It is not important whether it took place last month, a year or several years ago.

A household – a household consists of one or more people living in a common living space at the same address who share food and financial resources and agree that they live in a single household. A household can have only one member if you live alone.

Last month's net income per household member – add up all income received (taxes deducted) by the members of your household during the month prior to you completing this questionnaire and divide that sum with the number of household members. Income can include wages, pension, pension for incapacity for work, child benefits, subsistence benefits, income from entrepreneurship, income from renting land and other assets. For example: if the questionnaire is being completed on February 20, 2017 and there are three members in your household, you should add up everyone's income (taxes deducted) received in January 2017 and divide that sum by three.

Vaginal intercourse – vaginal sex, i.e. intercourse through the vagina.

Anal intercourse – anal sex, i.e. intercourse through the rectum.

Oral intercourse – oral sex.

Sexual intercourse, sex – in this study, "sexual intercourse" or "sex" refers to vaginal or anal intercourse (intercourse through the vagina or the rectum).

Partners, sexual partners – people who have had sex once, several times, or regularly over a longer period (steady partners/spouses).

Steady partner – a spouse or a life partner, a girlfriend or boyfriend aka a partner with whom you have more in common than just sex.

Non-steady partner – a person with whom you have had sex once or several times, but who is not your steady partner (this includes one night stands, anonymous and casual relations, sex companions).

HIV – Human Immunodeficiency Virus, which weakens the human immune system and increases susceptibility to other diseases. The final stage of HIV is called AIDS.

HIV status – a person's status that expresses whether or not they are infected HIV.

Positive HIV status – the person is infected with HIV.

Negative HIV status – the person does not have HIV (is not infected with HIV).

Alcohol unit – one alcohol unit contains 10 g of pure, i.e. absolute alcohol. Alcohol unit calculation formula: quantity (in litres) x strength (%) x 0.789 = number of alcohol units. For example: 0.5 l of beer x 5.2 (alcohol by volume) x 0.789 = 2.1 alcohol units.

Illegal drugs – substances that affect person's well-being, behaviour, and perception of the world. Illegal drugs can cause addiction and be natural (e.g. marijuana) or chemically manufactured (e.g. LSD, amphetamine, fentanyl). The questions in this questionnaire concern illegal drugs. In addition, these questions concern new psychoactive substances (e.g. JWH-018, 25B-NBOMe) that can be ordered online, and prescription drugs that your doctor has not prescribed for you.

PART A

A1. Gender. 1 male 2 female 3 other (*specify*)

A2. Age. years old *Write the answer as a whole number.*

A3. Nationality. 1 Estonian 2 Russian 3 other (*specify*)

A4. What is your mother tongue (first language)?

1 Estonian

2 Russian

3 other (*specify*)

A5. In what country have you lived for the majority of the past 12 months?

1 Estonia → *if you chose this answer, continue with question A7.*

2 other country (*specify*)

A6. How many of the past 12 months have you lived abroad?

1 12 months, i.e. the entire time → *if you chose this answer, continue with question A9.*

2 months

A6A. How often did you visit Estonia the past 12 months?

1 once a week

2 once a fortnight

3 once a month

4 once every couple of months

5 once every six months

6 once a year

A7. In which county do you live most days of the week?

If you stay in various places, please specify in which county you live most of the time.

- | | | |
|-------------------|---------------------|--------------------|
| 1 Harju County | 6 Lääne County | 11 Saare County |
| 2 Hiiu County | 7 Lääne-Viru County | 12 Tartu County |
| 3 Ida-Viru County | 8 Põlva County | 13 Valga County |
| 4 Jõgeva County | 9 Pärnu County | 14 Viljandi County |
| 5 Järva County | 10 Rapla County | 15 Võru County |

A8. Where do you live most days of the week?

If you stay in various places, please specify where you live most of the time.

- 1 in a bigger city: Tallinn, Tartu, Narva, Pärnu, Kohtla-Järve
- 2 in some other city
- 3 in a village, town or small town near a bigger city
- 4 in a village, town or small town in a rural area

A9. What is your highest educational attainment? Mark one, the most suitable answer.

- 1 primary education (graduated from the 6th grade) or earlier
- 2 basic education (graduated from the 9th grade)
- 3 secondary education (graduated from the 12th grade)
- 4 secondary vocational education
- 5 higher education

A9A. If you have acquired additional vocational or professional education, which of the following is it (highest educational attainment)? Mark one, the most suitable answer.

- 1 I do not have vocational or professional education
- 2 basic + vocational education (acquired a vocation in addition to basic education)
- 3 basic + secondary vocational education (acquired secondary education and a vocation at a secondary specialized education institution after acquiring basic education)
- 4 secondary + vocational education (acquired a vocation in addition to secondary education)
- 5 secondary + secondary vocational education (acquired a vocation at a secondary specialized education institution after acquiring secondary education)
- 6 applied (vocational) higher education
- 7 other (*specify*)

PART B

The next part includes questions related to your sex life.

These questions may seem rather personal, but we ask that you answer them nevertheless. Your honest and accurate answers are very important to us. This study will be carried out across Estonia among people of various ages and different genders. We would like to remind you that this study is confidential and its results shall be presented only in an anonymous and generalized form.

B1. Have you ever had oral sex?

Oral sex is oral intercourse.

- 1 yes
- 2 no

B2. Have you ever had vaginal or anal sex?

Vaginal sex is sexual intercourse through the vagina. Anal sex is sexual intercourse through the rectum.

- 1 yes → ***if you chose this answer, continue with question B4.***
- 2 no

B3. If you have never had sex, what could be the reason for this?

*Sex means vaginal or anal intercourse (intercourse through the vagina or the rectum).
If necessary, you can choose multiple answers.*

- 1 I have not found the right person
- 2 I am in a relationship, but waiting for the right time
- 3 I do not want to contract any sexually transmitted infections
- 4 religious and moral beliefs
- 5 other reason (*specify*)

If you have not had sex throughout your life, please continue with question B73.

B4. How old were you the first time you had sex?

Sex means vaginal or anal intercourse (intercourse through the vagina or the rectum).

- 1 years old
- 2 I do not remember exactly, but about years old

B5. How old was you partner with whom you had sex for the first time?

- 1 years old
- 2 I do not remember exactly, but about years old
- 3 I do not know

B6. Mark the gender of your first sexual partner.

- 1 male
- 2 female
- 3 other (*specify*)

B7. Was a condom used during your first sex?

- 1 yes
- 2 no
- 3 I do not remember

B8. How many sexual partners have you had throughout your life?

When answering this question, try and recall everyone with whom you have had sex throughout your life. Even if you had sex once, a few times or if it was your steady partner/spouse. Mark this number as accurately as you can.

A total of partners

B8A. Which of the following statements best describes how you answered the question about the number of partners (B8)? Mark one, the most suitable answer.

- 1 I just know the number
- 2 I remember each partner and counted them
- 3 I gave an estimated number
- 4 I remember some partners and added an estimated number concerning the rest
- 5 other (*specify*)

B9. What has been the gender of the sexual partners you have had throughout your life?

- 1 women only
- 2 men only
- 3 both men and women
- 4 other (*specify*)

B10. Are you currently living with your steady partner?

A steady partner is a spouse or a life partner, a girlfriend or boyfriend, i.e. a partner with whom you have more in common than just sex.

- 1 yes
- 2 no

B11. Have you had sex in the past 12 months?

- 1 yes → *if you chose this answer, continue with question B13.*
- 2 no

B12. If you have not had sex in the past 12 months, what could be the reason for this?

You can mark multiple answers here, if necessary.

- 1 I have not found the right person
- 2 I am in a relationship, but waiting for the right time
- 3 I do not have a sexual partner
- 4 health reasons
- 5 lack of interest in sex
- 6 I do not want to contract any sexually transmitted infections
- 7 religious and moral beliefs
- 8 other reason (specify)

If you have not had sex in the past 12 months, please continue with question B32.

B13. How many sexual partners have you had in the past 12 months?

When answering this question, try and recall everyone with whom you have had sex in the past 12 months. Even if you had sex once, a few times or it was your steady partner/spouse. Mark this number as accurately as you can.

A total of partners

B14. Have you had sex with a steady partner within the past 12 months?

A steady partner is a spouse or a life partner, a girlfriend or boyfriend, i.e. a partner with whom you have more in common than just sex.

- 1 yes
- 2 no → *if you chose this answer, continue with question B22.*

B15. What is the gender of the steady partners with whom you have had sex in the past 12 months?

- 1 women only
- 2 men only
- 3 both men and women
- 4 other (*specify*)

B16. With how many steady partners have you had sex in the past 12 months?

A total of steady partners

B17. How often was a condom used when you had sex with steady partners in the past 12 months?

- 1 every time
- 2 most of the times
- 3 half of the times
- 4 a couple of times
- 5 not once

B18A. With how many steady partners have you had vaginal sex in the past 12 months?

A total of steady partners

B18B. Out of those, with how many steady partners did you have vaginal sex WITHOUT A CONDOM?

A total of steady partners

B19A. With how many steady partners have you had anal sex in the past 12 months?

A total of steady partners

B19B. Out of those, with how many steady partners did you have anal sex WITHOUT A CONDOM?

A total of steady partners

B20. Was a condom used during the last time you had sex with a steady partner?

- 1 yes → *if you chose this answer, continue with question B22.*
- 2 no

B21. What were the reasons for not using a condom the last time you had sex with your steady partner? You can mark multiple answers here, if necessary.

- 1 we are planning to get pregnant / I am or my partner is already pregnant
- 2 I have a steady partner and we trust each other
- 3 my partner did not want to use a condom
- 4 I did not think about condoms
- 5 I do not think my partner has HIV or any other sexually transmitted infection
- 6 I did not have the courage to talk to my partner about using a condom
- 7 we used interrupted sexual intercourse (the man withdraws the penis from the vagina and directs his semen away from the vagina)
- 8 we used other contraceptives
- 9 other reason (specify)

B22. Have you had sex with a non-steady partner in the past 12 months?

A non-steady partner is a person with whom you have had sex once or several times, but who is not your steady partner (this includes one night stands, anonymous and casual relations, sex companions).

- 1 yes
- 2 no → *if you chose this answer, continue with question B30.*

B23. What is the gender of the non-steady partners with whom you have had sexual sex in the past 12 months?

- 1 women only
- 2 men only
- 3 both men and women
- 4 other (specify)

B24. With how many non-steady partners have you had sex in the past 12 months?

A total of partners

B25. How often was a condom used when you had sex with non-steady partners in the past 12 months?

- 1 every time
- 2 most of the times
- 3 half of the times
- 4 a couple of times
- 5 not once

B26A. With how many non-steady partners have you had vaginal sex in the past 12 months?

A total of partners

B26B. Out of those, with how many non-steady partners did you have vaginal sex WITHOUT A CONDOM?

A total of partners

B27A. With how many non-steady partners have you had anal sex in the past 12 months?

A total of partners

B27B. Out of those, with how many non-steady partners did you have anal sex WITHOUT A CONDOM?

A total of partners

B28. Was a condom used during the last time you had sex with a non-steady partner?

- 1 yes → *if you chose this answer, continue with question B30.*
- 2 no

B29. What were the reasons for not using a condom the last time you had sex with your non-steady partner? You can mark multiple answers here, if necessary.

- 1 I did not want to use a condom
- 2 my partner did not want to use a condom
- 3 I did not have the courage to talk to my partner about using a condom
- 4 I do not think my partner has HIV or any other sexually transmitted infection
- 5 neither of us had a condom
- 6 we did not have the money to buy a condom
- 7 we used interrupted sexual intercourse (the man withdraws the penis from the vagina and directs his semen away from the vagina)
- 8 I used other contraceptives
- 9 a condom decreases feelings of pleasure
- 10 putting on a condom during sex is bothersome
- 11 I did not think about a condom
- 12 other reason (*specify*)

When answering this question, try and recall everyone with whom you have had vaginal or anal sex in the past 12 months.

B30. In the past 12 months, have you had sex WITHOUT A CONDOM with a partner about whom you did not know whether they had HIV or not?

- 1 yes
- 2 no

B31. In the past 12 months, have you had sex WITHOUT A CONDOM with a partner who had HIV?

- 1 yes
- 2 no
- 3 I do not know

The following questions **concern your last sex and your last sexual partner**. Regardless of whether this was your first sex with that partner, or they were your non-steady or steady partner, life partner or spouse. Although you have already answered some questions regarding your non-steady or steady partner and some of these questions may seem familiar, please be sure to answer the following questions as well.

B32. When was the last time you had sex?

- 1 within the past 4 weeks
- 2 1–3 months ago
- 3 4–12 months ago
- 4 1–5 years ago
- 5 5–10 years ago
- 6 more than 10 years ago

B33. Who was your last sexual partner?

- 1 a steady partner
- 2 a non-steady partner
- 3 a partner to whom you paid for sex with money or something else
- 4 a partner who paid you for sex with money or something else
- 5 other (*specify*)

B34. What was the gender of your last sexual partner?

- 1 male
- 2 female
- 3 other (*specify*)

B35. How old was your sexual partner at the time of your last sex?

- 1 years old
- 2 I do not remember exactly, but about years old
- 3 I do not know

B36. Did you have vaginal sex during your last sex?

- 1 yes
- 2 no → *if you chose this answer, continue with question B40.*

B37. Was a condom used during that vaginal sex?

- 1 yes
- 2 no → *if you chose this answer, continue with question B40.*

B38. Was a condom used throughout the entire last vaginal intercourse?

- 1 yes
- 2 no

B39. Why did you use a condom during your last vaginal sex?

You can mark multiple answers here, if necessary.

- 1 to avoid pregnancy
- 2 to prevent HIV or other sexually transmitted infections
- 3 I do not want to spread HIV or other sexually transmitted infections
- 4 other reason (*specify*)

B40. Did you have anal sex during your last sex?

- 1 yes
- 2 no → *if you chose this answer, continue with question B44.*

B41. Was a condom used during that anal sex?

- 1 yes
- 2 no → *if you chose this answer, continue with question B44.*

B42. Was a condom used throughout the entire last anal intercourse?

- 1 yes
- 2 no

B43. Why did you use a condom during your last anal sex?

You can mark multiple answers here, if necessary.

- 1 to prevent HIV or other sexually transmitted infections
- 2 I do not want to spread HIV or other sexually transmitted infections
- 3 other reason (*specify*)

B44. Did you have oral sex during your last sex?

- 1 yes
- 2 no

B45. Did you consume alcohol or use illegal drugs prior to your last sex?

- 1 yes, only alcohol
- 2 yes, only drugs (e.g. marijuana, amphetamine)
- 3 yes, alcohol and drugs (e.g. marijuana, amphetamine)
- 4 no, neither

B46. To your knowledge, has your last sexual partner ever injected illegal drugs?

- 1 definitely has not injected
- 2 probably has not
- 3 probably has
- 4 definitely has injected
- 5 I do not know

B47. Did you know whether or not your last sexual partner had HIV when you had sex with them the last time?

- 1 yes, he/she did not have HIV
- 2 yes, he/she had HIV
- 3 I did not know nor think about it

B48. How long have you had sexual relations with your last sexual partner?

Please recall as accurately as possible.

- 1 it was a one-night stand → **if you chose this answer, continue with question B52.**
- 2days monthsyears
- 3 other (*specify*)

B49. Was a condom used during your first sex with this partner?

- 1 yes
- 2 no
- 3 I do not remember

B50. To your knowledge, has your last sexual partner had sex with other people during the time you two have had sex (e.g. your partner has cheated on you, has had flings)?

- 1 definitely has not had sex with other people
- 2 probably has not
- 3 probably has
- 4 definitely has had sex with other people
- 5 I do not know

B51. Have you yourself had sex with other people during the time you have had sexual relations with your last sexual partner?

- 1 no, I have not
- 2 yes, with non-steady partners
- 3 yes, with steady partners
- 4 yes, with both non-steady and steady partners

*Thank you for answering questions concerning your last partner.
The following questions are about sexual partners during visits to foreign countries.*

B52. Have you travelled abroad in the past 5 years for any reason (e.g. a holiday or a business trip)?

- 1 yes
- 2 no → *if you chose this answer, continue with question B56.*

B53. In the past 5 years, have you had sex abroad with a person you first met abroad?

- 1 yes
- 2 no → *if you chose this answer, continue with question B56.*

B54A. In the past 5 years, with how many people whom you first met abroad, have you had sex with abroad?

A total of people

B54B. Of those people, with how many did you have sex WITHOUT A CONDOM?

A total of people

B55. Where were those people from? NB! We do not refer to the country in which you met, but their country of origin. You can mark multiple answers here, if necessary.

- 1 Estonia (but your first sex took place abroad)
- 2 Russia
- 3 Ukraine
- 4 European countries
- 5 Australia, New Zealand, North America (USA and Canada)
- 6 South and Central America (including Mexico), Caribbean countries
- 7 Central Asian countries (Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan, Uzbekistan)
- 8 other Asian countries (including China, India, Pakistan, Bangladesh, Thailand, Malaysia, etc.)
- 9 Middle Eastern and North African countries
- 10 African countries (excluding North African countries)
- 11 other countries (*specify*)
- 12 I do not know the region or country

The following questions are about sexual partners with whom you had sex in Estonia, but who usually live in other countries.

B56. In the past 5 years, have you had sex in Estonia with a person you first met here, but who usually lives in another country?

- 1 yes
- 2 no → **if you chose this answer, continue with question B59.**

B57A. In the past 5 years, with how many people, whom you first met in Estonia but who usually live in another country, have you had sex in Estonia?

A total of people

B57B. Of those people, with how many did you have sex WITHOUT A CONDOM?

A total of people

B58. Where were these people from? *You can mark multiple answers here, if necessary.*

- 1 Russia
- 2 Ukraine
- 3 European countries
- 4 Australia, New Zealand, North America (USA and Canada)
- 5 South and Central America (including Mexico), Caribbean countries
- 6 Central Asian countries (Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan, Uzbekistan)
- 7 other Asian countries (including China, India, Pakistan, Bangladesh, Thailand, Malaysia, etc.)
- 8 Middle Eastern and North African countries
- 9 African countries (excluding North African countries)
- 10 other countries (*specify*)
- 11 I do not know the region or country

*The following questions concern sexual partners to **whom you paid for sex with money or something else**. These are partners with whom you did not have an emotional connection and the only aim of the relationship was sex.*

B59. Have you ever had sex with a partner who you paid for sex with money or something else (e.g. drugs, clothes)?

- 1 yes
- 2 no → *if you chose this answer, continue with question B67.*

B60. When was the last time you paid for sex with money or something else (e.g. drugs, clothes)?

- 1 within the past four weeks
- 2 1–3 months ago
- 3 4–12 months ago
- 4 1–5 years ago
- 5 5–10 years ago
- 6 more than 10 years ago

B61. What was the gender of the people to whom you paid for sex with money or something else?

- 1 women only
- 2 men only
- 3 both women and men
- 4 other (*specify*)

B62. How many people have you paid for sex with money or something else?

Throughout my life people, in the past 12 months people.

B63. In the past 12 months, how often was a condom used when you had sex with partners who you paid with money or something else for sex?

- 1 I have not had sex with such a partner in the past 12 months
- 2 every time
- 3 most of the times
- 4 half of the times
- 5 a couple of times
- 6 not once

B64. Was a condom used during the last time you had sex with a partner who you paid with money or something else for sex?

- 1 yes
- 2 no

B65. Have you ever paid for sex with money or something else while abroad?

- 1 yes
- 2 no → *if you chose this answer, continue with question B67.*

B66. In which countries have you paid for sex with money or something else?

You can mark multiple answers here, if necessary.

- 1 Russia
- 2 Ukraine
- 3 European countries
- 4 Australia, New Zealand, North America (USA and Canada)
- 5 South and Central America (including Mexico), Caribbean countries
- 6 Central Asian countries (Kazakhstan, Kyrgyzstan, Tajikistan, Turkmenistan, Uzbekistan)
- 7 other Asian countries (including China, India, Pakistan, Bangladesh, Thailand, Malaysia, etc.)
- 8 Middle Eastern and North African countries
- 9 African countries (excluding North African countries)
- 10 other countries (*specify*)
- 12 I do not know the region or country

B67. Have you ever had sex with a partner who gave you money or things for sex?

These are partners with whom you did not have an emotional connection and the only aim of the relationship was sex.

- 1 yes
- 2 no

B68. Have you ever had sex with a partner about whom you knew that they were or had been injecting drugs?

- 1 yes
- 2 no

B69. Have you ever had sex with more than one partner at a time (group sex)?

- 1 no, that has never happened → ***if you chose this answer, continue with question B73.***
- 2 no, that has never happened, but I have fantasized about it → ***if you chose this answer, continue with question B73.***
- 3 yes, within the past 12 months
- 4 yes, earlier than that
- 5 yes, within the past 12 months and earlier as well

B70. How many times have you participated in group sex throughout your life?

.....times

B71. How many people took part the last time you had group sex (please include yourself)?

..... people

B72. What was the gender of the people participating the last time you had group sex?

- 1 women only
- 2 men only
- 3 both women and men
- 4 other (*specify*)

B73. Have you ever tried to find a sexual partner online or via a mobile app?

- 1 no → *if you chose this answer, continue with question B75.*
- 2 yes, I was looking for a non-steady partner
- 3 yes, I was looking for a steady partner (spouse/life partner)

B74. Have you ever had sex with a partner who you met online or via a mobile app?

- 1 no
- 2 yes, I had sex with a non-steady partner
- 3 yes, I found a steady partner (spouse/life partner)

B75. Who are you sexually attracted to? Mark one, the most suitable answer.

- 1 women only
- 2 men only
- 3 women and men equally
- 4 mostly women, sometimes men
- 5 mostly men, sometimes women
- 6 other (*specify*)

B76. How satisfied are you with your sex life at the current time?

- 1 very satisfied → *if you chose this answer, continue with question C1.*
- 2 mostly satisfied → *if you chose this answer, continue with question C1.*
- 3 mostly dissatisfied
- 4 not satisfied at all

B77. Why are you not satisfied with your sexual life?

You can mark multiple answers here, if necessary.

- 1 I have never had sex
- 2 too much time has passed since the last time I had sex
- 3 I have too many sexual partners
- 4 I have too few sexual partners
- 5 I would like to have more sex with my current sexual partner(s)
- 6 I would like to have a steady relationship
- 7 I have problems in my steady relationship
- 8 I am not confident enough when it comes to sex
- 9 sexual dysfunction (e.g. erectile dysfunction, painful intercourse)
- 10 my health problems interfere with sex
- 11 my partner's health problems interfere with sex
- 12 other problems (*specify*)

PART C

C1. Do you know anyone who has HIV or AIDS?

You can mark multiple answers here, if necessary.

- 1 yes, among my friends and relatives
- 2 yes, among my acquaintances
- 3 I suspect, but do not know for sure
- 4 no
- 5 I do not know
- 6 I do not wish to answer

C2. How likely do you think it is that...

Mark a suitable answer on every line.

		very unlikely	unlikely	could be either way	likely	very likely
A	you are infected with HIV now?	1	2	3	4	5
B	you may become infected with HIV in your lifetime?	1	2	3	4	5
C	your sexual partner will get HIV?	1	2	3	4	5
D	the things you have done have increased your chances of getting HIV?	1	2	3	4	5

C3. Have you ever been tested for HIV?

You can mark multiple answers here, if necessary.

- 1 no, never → **if you chose this answer, continue with question C11.**
- 2 yes, when I have donated blood
- 3 yes, during pregnancy (women)
- 4 yes, I have been tested for other reasons (not as a donor or when pregnant)
- 5 I do not remember/know

C4. How many times have you been tested for HIV throughout your life?

Please consider all tests, even those done for blood donation and during pregnancies.

- 1 once
- 2 2–5 times
- 3 6–10 times
- 4 more than 10 times

C5. When was the first time you got tested for HIV?

- 1 within the past 12 months
- 2 1–2 years ago
- 3 3–5 years ago
- 4 more than 5 years ago
- 5 I do not remember

C6. When was the last time you got tested for HIV?

- 1 within the past 12 months
- 2 1–2 years ago
- 3 more than 2 years ago
- 4 I do not remember

C7. Where did you get tested for HIV the last time? Mark one, the most suitable answer.

- 1 At an HIV counselling and testing site (former anonymous AIDS testing sites)
- 2 at a family physician's office
- 3 at a specialist doctor's in a clinic or hospital
(add the speciality or department of the doctor)
- 4 at a blood donation centre
- 5 at a youth counselling centre
- 6 at a testing tent or club/bar/sauna
- 7 other (specify)

C8. What was the result of your last HIV test? Mark one, the most suitable answer.

- 1 negative (I was not infected with HIV)
- 2 positive (I was infected with HIV)
- 3 other (*specify*)
- 4 I did not receive my test result

C8A. If you did not receive your test result, please explain why?

- 1 I forgot to find out the result
- 2 I changed my mind and did not want to know
- 3 I got scared
- 4 other reason (*specify*)

*The following 2 questions are for people who are HIV positive (are infected with HIV).
If you do not have HIV, leave those unanswered and continue with question C11.*

C9. What is the most likely way you contracted HIV? Mark one, the most suitable answer.

- 1 sex with a man who had HIV
- 2 sex with a woman who had HIV
- 3 by using injection equipment that someone had already used when injecting drugs
- 4 other (*specify*)

C10. When were you first diagnosed with HIV? Mark the year.

In the year.....

C11. Have you been in situations where you wanted to get tested for HIV, but could not for some reason? Mark one, the most suitable answer.

- 1 I do not need to get tested
- 2 no, I have always got tested when needed → **if you chose this answer, continue with question C14.**
- 3 yes → **if you chose this answer, continue with question C13.**

C12. Why do you not need to get tested for HIV? *You can mark multiple answers here, if necessary.*

- 1 I am not in the risk of contracting HIV
- 2 I know the HIV status of my partners
- 3 I have never had unprotected sex
- 4 I have never had a non-steady partner
- 5 HIV is not that common in Estonia
- 6 I trust my partner/partners
- 7 other (*specify*)

If you answered question C12, please continue with question C14.

C13. What was the reason for not being able to get tested for HIV?

You can mark multiple answers here, if necessary.

- 1 I do not know where I could get tested for HIV
- 2 I do not have the money to get tested
- 3 the opening hours of HIV testing sites are unsuitable for me
- 4 the locations of testing sites are too far for me
- 5 I am afraid that others will find out about my testing
- 6 I have not had the time
- 7 I am afraid of blood draw
- 8 I am afraid of the test result
- 9 I am afraid I might have a serious disease
- 10 other reason (*specify*)

C14. Have you ever visited an HIV rapid testing event?

- 1 yes
- 2 no → ***if you chose this answer, continue with question C16.***

C15. Have you got tested for HIV during these events?

- 1 yes, the result was negative (I did not have HIV)
- 2 yes, the result was positive (I was infected with HIV)
- 3 no

C15A. If your rapid test turned out to be positive, did you approach some other establishment (e.g. turn to a doctor) to get a confirmation to your diagnosis?

- 1 yes
- 2 no

C16. Have you ever been tested for sexually transmitted infections other than HIV (e.g. syphilis, gonorrhoea, chlamydia, trichomoniasis)?

- 1 no, never → *if you chose this answer, continue with question C18.*
- 2 yes, within the last 12 months
- 3 yes, 1–2 years ago
- 4 yes, more than 2 years ago
- 5 I do not remember

C17. Have you ever been diagnosed with any of the following sexually transmitted infections?

Mark a suitable answer on every line.

		no	yes, within the past 12 months	yes, earlier than that	yes, within the past 12 months and earlier as well	I do not know
A	Syphilis	1	2	3	4	5
B	Gonorrhoea	1	2	3	4	5
C	Trichomoniasis	1	2	3	4	5
D	Chlamydia	1	2	3	4	5
E	anal or genital herpes	1	2	3	4	5
F	genital warts	1	2	3	4	5

C18. Have you been vaccinated against hepatitis B? Mark one, the most suitable answer.

- 1 no, I have natural immunity (because I have had that illness before)
- 2 no and I do not know whether or not I am immune
- 3 yes, I have been vaccinated (got all three injections)
- 4 yes, but I have not got all three injections
- 5 other (*specify*)
- 6 I do not know

C19. Post-exposure prophylaxis is a month-long treatment with anti-HIV medications, with the goal of preventing contracting HIV after exposure with the virus. Have you received post-exposure prophylaxis for HIV?

Mark one, the most suitable answer.

- 1 I have never heard of this → *if you chose this answer, continue with question D1.*
- 2 no → *if you chose this answer, continue with question D1.*
- 3 yes, after work-related exposure
- 4 yes, for reasons unrelated to work
- 5 yes, after work-related exposure and for other reasons as well

C20. List all of the countries where you have received post-exposure prophylaxis for HIV.

.....

PART D

D1. How would you describe your health at the current time?

- 1 excellent
- 2 good
- 3 neither good nor bad
- 4 bad
- 5 very bad

D2. Do you have any long-term illnesses or health problems that set restrictions to your daily activities?

- 1 yes
- 2 no

D3. How much has your health problem restricted your daily activities in the past 12 months?

- 1 significantly
- 2 somewhat, but not significantly
- 3 has not restricted at all

D4. Do you have health insurance?

- 1 yes
- 2 no
- 3 I do not know

D5. Have you donated blood?

- 1 no
- 2 yes, within the past 12 months
- 3 yes, 1–2 years ago
- 4 yes, 3–5 years ago
- 5 yes, more than 5 years ago

D6. When did you last visit your family physician (or their substitute)?

- 1 I have never visited my family physician
- 2 within the past 12 months
- 3 1–2 years ago
- 4 more than 2 years ago

D7. Have any of the following doctors ever recommended an HIV test to you?

You can mark multiple answers here, if necessary.

- 1 a family physician
- 2 a specialist doctor (*write the speciality of the doctor*)
- 3 other (*specify*)
- 4 no doctor has ever recommended an HIV test

D8. The following questions concern your well-being. How much of the time during the last 4 weeks have you.....? Read the answers carefully and mark a suitable answer for every row.

		All of the time	Most of the time	A good bit of the time	Some of the time	A little of the time	None of the time
A	been a very nervous person	1	2	3	4	5	6
B	felt so down in the dumps that nothing could cheer you up	1	2	3	4	5	6
C	felt calm and peaceful	1	2	3	4	5	6
D	felt downhearted and blue	1	2	3	4	5	6
E	been a happy person	1	2	3	4	5	6

D9. Sexual health is the physical, emotional, spiritual and social state of well-being that is related to sexuality. Sexual health is not only tied to illnesses, disabilities or dysfunctions. How would you describe your sexual health at the present time?

- 1 excellent
- 2 good
- 3 neither good nor bad
- 4 bad
- 5 very bad

D10. Have you turned to a doctor, specialist or some other person in the past 12 months in order to get help or advice in relation to questions concerning sexual health?

- 1 yes
- 2 no

D11. Have you ever smoked?

- 1 no
- 2 yes, every day at the current time
- 3 yes, on a random basis at the current time
- 4 yes, I used to smoke

D12. How many times have you consumed alcoholic beverages in the past 12 months?

- 1 never
- 2 about once a month or less
- 3 2–4 times a month
- 4 2–3 times a week
- 5 4 times a week or more

D13. How many units did you usually have when drinking within the past 12 months?



- 1 1–2 units
- 2 3–4 units
- 3 5–6 units
- 4 7–9 units
- 5 10 or more units

D14. How often have you consumed 6 or more units of alcohol in the past 12 months?

- 1 not once
- 2 less than once a month
- 3 once a month
- 4 once a week
- 5 daily or almost daily

D15. Have you ever tried or used illegal drugs (e.g. marijuana, amphetamine)?

See the definitions of illegal drugs on the DEFINITIONS page.

- 1 no, never → **if you chose this answer, continue with question E1.**
- 2 yes, once or twice
- 3 yes, on more than two occasions

D16. When was the last time you used illegal drugs (e.g. marijuana, amphetamine)?

- 1 within the last four weeks
- 2 1–3 months ago
- 3 4–12 months ago
- 4 1–5 years ago
- 5 5–10 years ago
- 6 more than 10 years ago

D17. What kind of illegal drug did you use last time (regardless of the method of use)?

You can mark multiple answers here, if necessary.

- 1 cannabis products (marijuana, hashish, ganja, bud, grass, weed)
- 2 amphetamine, methamphetamine (speed)
- 3 ecstasy (MDMA)
- 4 sedatives, sleeping pills without a prescription
- 5 cocaine, crack (Charlie)
- 6 opium (opium mixtures, poppy)
- 7 fentanyl (china white, china girl, dance fever)
- 8 GHB/GBL (liquid ecstasy, gamma, G)
- 9 heroin
- 10 glues, solvent
- 11 other (*specify*)

D18. How often did you use illegal drugs within the past 4 weeks?

- 1 not once
- 2 less than once a week
- 3 once a week
- 4 several times a week
- 5 daily

D19. Have you ever injected illegal drugs?

- 1 no → *if you chose this answer, continue with question E1.*
- 2 yes

D20. When was the last time you injected illegal drugs?

- 1 within the past four weeks
- 2 1–3 months ago
- 3 4–12 months ago
- 4 1–5 years ago
- 5 5–10 years ago
- 6 more than 10 years ago

PART E

E1. Do you agree with the following statements? Mark a suitable answer for every row.

		yes	no	I do not know	depends, I'm not sure
A	HIV and AIDS only concern drug addicts	1	2	3	4
B	I would be ashamed if someone in my family had HIV	1	2	3	4
C	HIV and AIDS only concern homosexuals	1	2	3	4
D	people who are assumed to have HIV are less respected or they lose their status in society	1	2	3	4
E	I would buy vegetables from a shopkeeper if I knew that this person had HIV	1	2	3	4
F	children with HIV should have the right to attend the same schools as children without HIV	1	2	3	4
G	people are hesitant to get tested for HIV, due to fear of people's reaction if the test result is positive for HIV	1	2	3	4
H	people talk badly about people living with or thought to be living with HIV	1	2	3	4
I	a teacher who has HIV but is not sick should be allowed to continue teaching in school	1	2	3	4
J	if a member of my family became infected with HIV, it should remain a secret	1	2	3	4
K	you can get HIV by sharing a meal with someone who is infected with HIV	1	2	3	4
L	I would agree to work in the same team with a person who has HIV	1	2	3	4
M	an interrupted sexual intercourse protects from sexually transmitted infections	1	2	3	4
N	contraceptive pills protect from sexually transmitted infections	1	2	3	4

E2. Can people reduce their chance of getting HIV by using a condom every time they have sex?

1 yes 2 no 3 I do not know

E3. Is it possible for a healthy-looking person to have HIV?

1 yes 2 no 3 I do not know

E4. Could a person get HIV by using a syringe previously used by someone else?

- 1 yes 2 no 3 I do not know

E5. Can people reduce their chance of getting HIV by having sex with only one and faithful partner?

- 1 yes 2 no 3 I do not know

E6. People have a range of views about condoms and some of these are expressed below. I would describe condoms as:

Mark a cross by the number that best represents your opinion between the two opposing opinions. Number 4 denotes a neutral point, other numbers refer to opinions at one or the other end of the scale.

		1	2	3	4	5	6	7	
A	effective at preventing pregnancy								not effective at preventing pregnancy
B	effective at preventing sexually transmitted infections								not effective at preventing sexually transmitted infections
C	effective at preventing HIV								not effective at preventing HIV
D	comfortable								uncomfortable
E	convenient to use								inconvenient to use
F	they increase sexual pleasure								they decrease sexual pleasure
G	easy to obtain								hard to obtain
H	something my friends like								something my friends hate
I	something my sexual partners like								something my sexual partners hate
J	exciting								dull
K	not embarrassing								embarrassing
L	easy to discuss with a partner								difficult to discuss with a partner
M	easy to use								difficult to use
N	neat								messy

PART F

Lastly, some questions related to your household and income.

F1. What is your current place of residence?

- 1 rented apartment or house
- 2 apartment or house that I own
- 3 apartment/house that belongs to my or my spouse's/life partner's parents
- 4 apartment/house that belongs to my child or their spouse/life partner
- 5 nursing home, boarding house
- 6 dorm
- 7 shelter, social housing
- 8 other (*specify*)

F2. What is your current occupation? You can mark multiple answers here, if necessary.

- 1 I am an entrepreneur, employer
- 2 I am a salaried employee
- 3 I am a student/university student/graduate student
- 4 I am on parental leave
- 5 I am a pensioner/in early retirement/medically retired
- 6 I am a stay-at-home person
- 7 I am serving in the Defence Forces
- 8 I am not working or studying, I am looking for a job
- 9 I am not working, studying, or looking for a job
- 10 other (*specify*)

F3. A household consists of one or more people living in a common living space (at the same address) who share food and financial resources and agree that they live in a single household. A household can also have only one member.

F3A. How many people live in your household (please include yourself)?

The size of the household is 1 if you live alone.

A total of people.

F3B. How many children under the age of 18 belong to your household?

Write 0 if there are no children under the age of 18.

A total of children under the age of 18.

F4. What was the income per one person in your household last month?

Add together all the income received by the members of the household and divide that sum with the number of household members. Income includes: wages, social support, pensions, rental income, dividends.

- 1 up to 250 euros
- 2 251–500 euros
- 3 501–750 euros
- 4 751–1000 euros
- 5 1001–1250 euros
- 6 1251–1500 euros
- 7 1501–1750 euros
- 8 1751–2000 euros
- 9 more than 2000 euros
- 10 I do not know

F5. How would you describe the current economic situation of your household?

- 1 I/we live comfortably off the current income
- 2 I/we make do with the current income
- 3 it is difficult to make do with the current income
- 4 it is very difficult to make do with the current income

F6. What is your current marital status?

- 1 unmarried
- 2 married
- 3 registered partnership
- 4 cohabitation (long-term relationship)
- 5 divorced
- 6 widowed
- 7 other (*specify*)

F7. How many spouses or life partners have you had throughout your life?

Write 0 if you have had no spouses/life partners throughout your life.

A total of spouses or life partners.

*If you have had no spouses or life partners throughout your life
(you marked 0 for question F7), continue with question F9.*

F8A. How many years have you been married or cohabiting with a partner?

Calculate the total for all marriages and cohabitations. Mark your answer as a whole number.

A total of years

F8B. How many years have you been married or cohabiting with your current spouse or life partner? Mark your answer as a whole number.

- 1 I am currently not married or cohabiting
- 2 a total of years

F9. How important are religion and religious beliefs for you at the current time?

- 1 very important
- 2 fairly important
- 3 not very important
- 4 not important at all

F10. We would like to organise a give-away for 20 gift cards, each worth 50 (fifty) euros, among everyone who complete this questionnaire. For what store would you like to receive a gift card?

- 1 RIMI
- 2 COOP
- 3 SELVER
- 4 MAXIMA

F11. If you would like to add any comments in relation to the questions in this questionnaire, write them below!

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**THANK YOU FOR COMPLETING THE QUESTIONNAIRE,
YOU HAVE BEEN OF GREAT HELP!**